

Top Medical Apps all iOS Devices Must Have

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By Vipin PG | Published August 17, 2015 | Updated March 7, 2026 | Format: Article | 3 min read

In brief

Good health is one of the keys to a happy life, however ironically it's the very cost we pay trying to chase a happy life. In a race to earn money, success, fame we often forget the price and it's usually our health that takes a back seat when we're more focused on staying up nights working and meeting deadlines.

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Thankfully, now with the assistance of apps looking after health is a lot easier. Here are a few medical apps that should be on all iPhones and iOS devices to lead a healthier life:

Practo

This is a must have app as life can be highly unpredictable and anything can happen at any time. For this reason it is imperative to stay connected to medical help at all times. The app has over 125,000+ doctors registered which are available for consultation and you can book appointments directly through the app. The app also helps you read user reviews and consultation fee details. Be it a general physician or a cardiologist; find the doctor to suit your requirement. In case of an emergency, the app also has tie ups with Uber to take you to the hospital in no time.

Best Diet Foods

Many a time we make a resolution to eat healthier food and plan a diet chart but this is easier said and done. Thanks to Best Diet Foods you can easily find out the health benefits of various foods and how advantageous they are for your health. The app guides you on how to incorporate the food better in your diet so that you know what nutritional value you're deriving at the end of the day. Now feel free to indulge in dark chocolate, red wine or even yummy ingredients like strawberries and blueberries by knowing exactly in how much quantity they can be consumed and how beneficial they'd be. Get your body healthy thanks to this app. Having a healthy body also requires some work out which is why you can make use of amazon coupon codes to get yourself health and exercise equipment to get that killer bod at a great price by earning discounts and Cashback both!

1mg

This is a must have app for every phone as it answers all your questions about medicines and what various properties drugs carry. Now find out exactly how to properly administer medicine by knowing its dosage, potency and side effects it can cause and also how exactly it works on your body as well. The app is a good source to find out a good substitute for the pill. The app is a must download as everyone should be sure about the medicines they administer and what effects it has on the body.

Easy Weight Loss Tips

Losing weight takes dedication, motivation and hard work. Many a time people stick to weight loss plans for a day or two or opt for drastic measures of going on a crash diet but the best way to lose weight is to do it the slow and steady way. Through this app find out easy weight loss tips you can incorporate in day to day life. Be it about diet, health, beauty or nutrition, you can find various tips to incorporate in your life style to make it healthy and lose weight naturally without having any adverse effect on your body.

In order to lose weight, proper exercise is also required which can supplement a diet better. Kick start your health routine with flipkart coupons where you find amazing deals on health products and exercise equipment to get the dream body you've always wanted.

Homeopathy Now

Homeopathy is one of the most trusted forms of medicine that is followed by thousands around the world. Be it medication for flu, allergy, fever or any kind of skin disease, homeopathy has answer to almost every ailment and can treat its root cause effectively. You can now find homeopathy solutions to various ailments without any side effects. You can find detailed information on various medicines as well as symptoms and dosage as well as advice for treating a particular disease. You can also use the app in offline mode.

Get these health and medical apps today to always keep your life up and running on the track of fitness and always remember to give your health priority over everything else. Like they truly say, health is wealth!

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