

# How to Fix Instagram Post Stuck on Sending

## TechRounder PDF Edition

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## Quick answer

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Instagram has become an integral part of our daily lives, allowing us to share our experiences, thoughts, and creativity with the world. However, it can be incredibly frustrating when you're trying to post something, and Instagram gets stuck on sending. This issue can leave you unable to share your content and connect with your followers.

In this guide, we'll explore the reasons behind the "Instagram post stuck on sending" problem and provide you with practical solutions to fix it. Whether you're an avid Instagram user or a social media manager, this article will help you overcome this common issue and get back to sharing your posts seamlessly.

## Understanding the "Instagram Post Stuck on Sending" Issue

Before we dive into the solutions, let's take a moment to understand why Instagram posts may get stuck on sending. Several factors can contribute to this problem, including:

1. Poor internet connection
2. Buggy or outdated Instagram app
3. Unsupported content formats
4. Mobile phone system malfunction

These issues can prevent your post from being uploaded successfully, leaving you with the frustrating "Instagram post stuck on sending" message.

## Solutions to Fix Instagram Post Stuck on Sending

### 1. Check Your Internet Connection

One of the most common reasons for Instagram posts getting stuck on sending is an unstable or disconnected internet connection. To ensure that your internet connection is not the culprit, follow these steps:

1. Make sure your smartphone is connected to a stable Wi-Fi network or has a strong cellular data connection.
2. Turn off your phone's Wi-Fi or cellular data, wait for a few seconds, and then turn it back on.
3. If you're using cellular data, check that Instagram has permission to use it in your phone's settings.

### 2. Restart the Instagram App

Sometimes, simply closing and reopening the Instagram app can resolve the issue. Here's how to do it:

1. Close the Instagram app completely. On an iPhone, swipe up from the bottom of the screen and hold until the app switcher appears. On an Android device, tap the recent apps button and swipe the Instagram app away.
2. Relaunch the Instagram app and try posting again.

### 3. Clear Instagram Cache

Clearing the Instagram app's cache can help resolve issues related to stuck posts. Follow these steps:

For iPhone:

1. Go to your phone's Settings > General > iPhone Storage.
2. Scroll down and tap on the Instagram app.
3. Tap "Offload App" and then "Reinstall App."

For Android:

1. Go to your phone's Settings > Apps & notifications > Instagram.
2. Tap on "Storage & cache."
3. Tap "Clear cache."

### 4. Update the Instagram App

Using an outdated version of the Instagram app can lead to various issues, including posts getting stuck on sending. Ensure that you have the latest version of the app installed:

1. Open the App Store (for iPhone) or Google Play Store (for Android).
2. Search for Instagram and check if an update is available.
3. If an update is available, tap "Update" to install the latest version.

### 5. Check Instagram Server Status

Sometimes, the issue may not be on your end but rather with Instagram's servers. You can check the current status of Instagram's servers by visiting third-party websites like DownDetector or by searching for "Instagram down" on social media platforms like Twitter. If Instagram's servers are experiencing issues, the best course of action is to wait until the problem is resolved before attempting to post again.

### 6. Use a Professional Tool

If none of the above solutions work, you can try using a professional tool like iMyFone Fixppo or TunesKit iOS System Recovery. These tools are designed to fix various iOS issues, including those related to Instagram. Here's how to use iMyFone Fixppo:

1. Download and install iMyFone Fixppo on your computer.
2. Connect your iPhone to the computer using a USB cable.
3. Launch iMyFone Fixppo and select "Standard Mode."
4. Click "Next" and follow the on-screen instructions to put your iPhone into Recovery or DFU mode.
5. Download the appropriate firmware for your device.
6. Click "Start" to begin the repair process. Do not unplug your device during this process until the issue has been fixed completely.

### Conclusion

Dealing with the "Instagram post stuck on sending" issue can be frustrating, but by following the solutions outlined in this article, you should be able to resolve the problem and get back to sharing your content with your followers. Remember to check your internet connection, restart the Instagram app, clear the app's cache, update to the latest version, and check Instagram's server status.

If all else fails, consider using a professional tool like iMyFone Fixppo or TunesKit iOS System Recovery. By understanding the reasons behind this common issue and having a toolkit of solutions at your disposal, you'll be better equipped to handle the "Instagram post stuck on sending" problem whenever it arises. Happy posting!