

How to Enable Instagram Dark Mode on iPhone and Android

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Quick answer

The dark mode is an essential feature in almost all applications these days, whether it is an iPhone or an Android. Both iOS and Android now support system-level dark themes, and thus all the compatible applications can automatically switch between dark and light themes as per the system preference.

The dark mode is an essential feature in almost all applications these days, whether it is an iPhone or an Android. Both iOS and Android now support system-level dark themes, and thus all the compatible applications can automatically switch between dark and light themes as per the system preference.

However, we all know that iPhone's customization capability is much limited compared with Android. On an Android device, you can change the theme of an app specifically to dark or light without making the system-level change. For example, if your system theme is set to light mode, you can turn on Instagram dark mode separately. Similarly, you can turn on light mode on Instagram, even if your device is in dark mode.

However, this app-specific dark mode and light mode is not available on iPhone and iPad. To turn on Instagram dark mode on iPhone or an iPad, you need to change the system theme to dark. The same is applicable for other apps also. This article will see how to enable Instagram dark mode on Android and iPhone.

How to Turn on Instagram Dark Mode on iPhone

As mentioned earlier, iPhone and iPad only offer system-level dark mode and light mode for the application. So if you enable the dark mode from the iPhone settings, all the applications, including Instagram, will be turned to dark mode. To do so, follow the below steps.

Step 1: Open the settings on your iPhone.

Step 2: Scroll down and tap on the Display & Brightness option.

Step 3: In the Display & Brightness section, you can find the Light and Dark mode option under the Appearance.

Step 4: Tap on the Dark mode option, and your iPhone and the Instagram App will now switch to Dark mode.

Step 5: Finally, open the Instagram app and see the Instagram App in the Dark theme.

Once the dark mode is enabled, all the applications that support dark and light mode will turn dark on your iPhone and iPad. Alternatively, you can set the dark mode option to automatic, and your system and app will turn to dark and light mode based on the time preference.

How to enable Instagram Dark Mode on Android

In the case of Android, the dark mode can be enabled on the system level and the app level. As we did in the iPhone case, Android system-level dark mode will turn all the supporting apps to dark once it is set globally. Additionally, the app-level dark mode helps you set the light and dark mode preferences for a particular app.

System-Level Dark Mode for Instagram on Android

To make the Android system dark mode, follow the below step.

Step 1: Open the Settings app on your Android device.

Step 2: Tap on the Display & brightness option from the settings. (On some devices, the option might be Display)

Step 3: Under the Display settings, you can find an option called Dark theme. Enable it.

Step 4: Now, your android device will turn to dark them, and all the applications, including Instagram, will turn to dark mode.

Once you enable the system-level dark mode, all the applications will turn dark and turn to light one light theme is enabled. However, please note that system-level dark and light mode will only change the app's theme if the app level theme is set to automatic/system level.

Instagram App Dark Mode on Android

To enable the Instagram dark mode from the Instagram app, follow the below steps.

Step 1: Open the Instagram app on your Android mobile.

Step 2: Click on your profile picture at the bottom right corner of the screen.

Step 3: From the profile screen, click on the menu option at the top right of the screen.

Step 4: Now, you will see the menu options on the screen. From the options, tap on Settings.

Step 5: Within the settings section, you can see an option called Theme as the last item. Tap on that.

Step 6: On the section, you can see options such as Light, Dark, System default.

Step 7: Tap on the Dark option, and your Instagram app will turn to dark mode.

Note: If you have enabled the system-level dark mode, you can set the theme option within the Instagram app to System default so that the Instagram app will automatically turn to dark. Similarly, the Instagram app will turn the light once the system-level light theme is enabled.

The app-level theme settings on android are additional customization which is not available on iPhone. The app-level theme will override the system-level theme. In short, if you set the Instagram app theme to dark, then the Instagram app will always be dark, and it will not change automatically once you change the system-level theme. Similarly, the light theme on the Instagram app will make the Instagram app always light.

So, to make the Instagram app automatically turn to dark and light, enable the option to System theme.