

# How to Create Email Account Without Phone Number Verification

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## Quick answer

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In today's digital age, having an email account is essential for communication, online services, and more. However, many email providers require phone number verification during the signup process, which can be a privacy concern for some users. Fortunately, there are ways to create an email account without providing your phone number. This article will guide you through the process and explain the benefits of using email services that prioritize privacy.

## Why Some Email Providers Require Phone Number Verification

Many popular email services, such as Gmail and Outlook, ask for a phone number during the account creation process. They cite security reasons for this requirement, claiming that it helps prevent spam, fraud, and unauthorized access to accounts. By linking a phone number to an email account, these providers can use two-factor authentication (2FA) and send account recovery codes via SMS. However, providing your phone number to email providers can come with privacy risks:

1. Data collection: Your phone number can be used to collect and link more personal information about you.
2. Targeted advertising: Email providers may use your phone number to create a more comprehensive profile for targeted advertising.
3. Data breaches: If the email provider experiences a data breach, your phone number could be exposed to hackers and scammers.

## The Importance of Privacy-Focused Email Services

Privacy-focused email services, such as Proton Mail and Spike, prioritize user privacy and security. These providers do not require a phone number for account creation, ensuring that your personal information remains private. They also offer additional privacy features, such as end-to-end encryption, which prevents anyone, including the email provider, from reading your messages. By using a privacy-focused email service, you can:

1. Protect your personal information from data collection and targeted advertising.
2. Reduce the risk of your phone number being exposed in case of a data breach.
3. Communicate securely with end-to-end encryption, ensuring that only you and the intended recipient can read your messages.

## How to Create an Email Account with Proton Mail

Proton Mail is a popular privacy-focused email service that offers free and paid accounts. To create an email account with Proton Mail without providing your phone number, follow these steps:

1. Go to the Proton Account signup page in a web browser on your computer.
  2. Select the "Proton Free" account option.
  3. Enter your desired username in the "Username" field.
  4. Choose your preferred domain: @proton.me or @protonmail.com.
  5. Create a strong password and enter it in the "Password" field. Re-type the password to confirm.
  6. Click "Create account."
  7. If prompted to confirm you're human, choose between "CAPTCHA" and "Email." If you choose "Email," enter a non-Proton Mail address to receive a verification code. Input the code and click "Verify."
  8. Enter an optional display name, which will be visible to recipients when you send emails.
  9. Click "Continue."
  10. You can optionally enter an email address or phone number for account recovery. However, providing a phone number is not mandatory.
  11. Click "Save" or "Maybe later" to complete the account creation process.
- You will be redirected to your new secure Proton Mail inbox, where you can start using your privacy-focused email account.

## How to Create an Email Account with Spike

Spike is another email service that prioritizes user privacy and offers a unique conversational email experience. To create an email account with Spike without phone number verification, follow these steps:

1. Visit the Spike website and click on the "Get Started Free" button.
2. Enter your desired email address in the "Email" field. You can use an existing email address or create a new one with Spike's domain.
3. Create a strong password and enter it in the "Password" field.
4. Click "Create Account."
5. Verify your email address by clicking on the link sent to your provided email.
6. Once verified, log in to your new Spike account.

Spike offers a free plan with basic features and paid plans with additional features, such as unlimited collaborators and larger file storage.

## Benefits of Using Privacy-Focused Email Services

In addition to not requiring phone number verification, privacy-focused email services like Proton Mail and Spike offer several benefits:

1. End-to-end encryption: Your messages are encrypted, ensuring that only you and the intended recipient can read them.
2. No data collection: These services do not collect or sell your personal information for advertising purposes.
3. Spam and phishing protection: Robust filters and security measures help keep your inbox free from unwanted and malicious emails.
4. Seamless transition: Tools like Proton Mail's Easy Switch and Spike's email import feature allow you to easily migrate from other email services, backing up your data and importing existing messages and contacts.
5. Additional privacy features: Some services offer extras like hide-my-email aliases, which help keep your real email address private by creating temporary, forwarding addresses.

## Conclusion

Creating an email account without phone number verification is possible thanks to privacy-focused email services like Proton Mail and Spike. By prioritizing user privacy and security, these providers offer a safe and secure alternative to mainstream email services that require personal information like phone numbers. By following the step-by-step guides provided in this article, you can easily create a private email account and enjoy the benefits of end-to-end encryption, no data collection, and robust spam protection.

Transitioning from other email services is also made simple with built-in migration tools. In an age where personal data is increasingly valuable and vulnerable, taking control of your online privacy is crucial. Using a privacy-focused email service is an essential step towards protecting your personal information and maintaining secure communication channels.